

# Kingsmoor Academy | Week One



Menu for Week Commencing: 22/04, 12/05, 02/06, 23/06, 14/07



## Main Option One

### Monday

Pepperoni pizza,  
Corn on the cob,  
assorted pasta salad

### Tuesday

Beef bolognaise served  
with pasta, green beans  
and sweetcorn

### Wednesday

Roast turkey served  
with roast potatoes,  
carrots, cabbage and  
gravy

### Thursday

Cottage pie served with  
carrots and broccoli

### Friday

Battered fish served  
with chips, baked beans  
and peas



## Main Option Two

Cheese & tomato pizza  
Corn on the cob,  
assorted pasta salad

Vegetable bolognaise  
served with green  
beans and sweetcorn

Vegetable cottage pie  
served with roast pota-  
toes, carrots,  
cabbage and gravy

Veggie sausage and  
mash served with car-  
rots and broccoli

Cheese omelette served  
with chips, baked beans  
and peas



Monday/Wednesday/Friday—Jacket potato with a choice of fillings

Tuesday/Thursday— Tomato pasta served with garlic bread

Self service salad bar available each day.

## Daily

Available All Week



## Dessert

Chocolate sponge  
Yogurt and fruit  
available

Pineapple cake and  
custard.  
Yogurt and fruit  
available

Jelly  
Yogurt and fruit  
available



Raspberry cake  
Yogurt and fruit  
available

Oaty biscuit  
Yogurt and fruit  
available



# [Kingsmoor Academy | Week Two



Menu for Week Commencing: 28/04, 19/05, 09/06, 30/06, 14/07



## Main Option One

### Monday

Macaroni cheese  
served with broccoli  
and sweetcorn

### Tuesday

Chicken tikka and rice  
with cauliflower peas  
and naan

### Wednesday

Roast beef with mash  
potato with cabbage,  
carrots and gravy

### Thursday

Sausage and mash  
served with green  
beans and carrots

### Friday

Battered fish with chips,  
baked beans and peas

## Main Option Two

Vegetable sausage  
pasta bake served with  
broccoli and sweetcorn

Chickpea curry and rice  
with cauliflower peas  
and naan

Roast Quorn fillet with  
mash potato , cabbage,  
carrots and gravy

Veggie sausage and  
mash served with green  
beans and carrots

Quorn nuggets with  
chips, baked beans and  
peas



## Daily

Available All Week

Monday/Wednesday/Friday—Jacket potato with a choice of fillings

Tuesday/Thursday— Tomato pasta served with garlic bread

Self service salad bar available each day.



## Dessert

Peach crumble and  
custard  
Yogurt and fruit  
available

Flapjack  
Yogurt and fruit  
available

Chocolate sponge  
Yogurt and fruit  
available

Shortbread  
Yogurt and fruit  
available

Fruit salad and  
icecream  
Yogurt and fruit  
available



# Kingsmoor Academy | Week Three



Menu for Week Commencing: 06/05, 16/06, 07/07



## Main Option One

### Monday

Pepperoni pizza,  
Corn on the cob,  
assorted pasta salad

### Tuesday

Hot dogs with potato  
cubes served with  
green beans and corn  
on the cob

### Wednesday

Roast chicken with  
roast potatoes,  
cabbage, carrots and  
gravy

### Thursday

Beef chilli with rice,  
broccoli and carrots

### Friday

Chicken fillets with  
chips, baked beans and  
peas



## Main Option Two

Cheese & tomato pizza  
Corn on the cob,  
assorted pasta salad

Veggie dogs with potato  
cubes served with  
green beans and corn  
on the cob

Quorn fillets with roast  
potatoes, cabbage,  
carrots and gravy

Bean chilli with rice,  
broccoli and carrots

Quorn nuggets with  
Chips, baked beans and  
peas



Monday/Wednesday/Friday—Jacket potato with a choice of fillings

Tuesday/Thursday— Tomato pasta served with garlic bread

Self service salad bar available each day.

## Daily

Available All Week



## Dessert

Marble sponge  
Yogurt and fruit  
available

Blueberry muffin  
Yogurt and fruit availa-  
ble

Pancakes and fruit  
Yogurt and fruit availa-  
ble

Chocolate sponge  
Yogurt and fruit availa-  
ble

Chocolate brownie  
Yogurt and fruit availa-  
ble

