

PSHE at Kingsmoor



PSHE enables children to develop skills which will equip them for the rest of their lives and help them to develop into mature, independent and self-confident people with an awareness and respect for others.

- *PSHE in the Primary School, 2013*

Intent

At Kingsmoor Academy, PSHE is at the core of all we do and enables our children to become independent, confident, healthy and responsible members of society, as well as developing the 'whole child' intellectually, morally, socially and spiritually.

PSHE is taught across the school from nursery to Year 6 on a weekly basis and the whole school follows and adapts the Jigsaw PSHE scheme. Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. At the heart of our PSHE teaching we have a commitment to promoting and enhancing our core Christian values: responsibility, respect, perseverance, wisdom, compassion and forgiveness. With an ever-changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community. We want our children to view themselves as global citizens and aspire for them to leave Kingsmoor Academy as considerate, respectful and resilient individuals. It is important that they are aware, at an appropriate level, of different factors which may affect their world and that they learn how best to deal with these so that they have good mental health and well-being.

A key part of our curriculum is Relationships and Sex Education and our delivery of RSE enables our children to learn how to be safe, and empowers them to have healthy fulfilling relationships, both now and in their future lives.

Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to high aspirations across the curriculum and beyond in later life. We aspire for the children to view themselves as life long learners who can always aim for the stars.

Relationship and Sex Education

From September 2020, the Government have issued new guidelines making Relationship, Health and Sex Education (RHSE) compulsory in primary schools. This means that as parents and carers, you will not have the right to withdraw your child from this subject.

This area of Jigsaw covers the changes that children will face, both physically and emotionally. This will cover aspects of Sex and Relationship education. At Beck Row Academy we believe that knowledge empowers children to make informed decisions that keep them happy, safe and secure. The previous 5 units build resilience, self esteem and confidence and the ability to deal with appropriate information without fear or embarrassment.

Implementation

Here at Kingsmoor Academy we take great pride in our holistic approach, so we have adopted the Jigsaw scheme of work which aims to develop the 'whole child' through a spiral curriculum. We implement the Jigsaw approach from Nursery to Year Six and teachers adapt the scheme in order to reflect the needs of their pupils. PSHE is taught through Jigsaw's six half termly units with each year group studying the same unit at the same time to develop their knowledge, skills and understanding in:

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Relationships
- Healthy Me
- Changing Me

Learning in each topic then takes place during weekly whole class Jigsaw lessons which explore the different themes. Progression in skills and knowledge in PSHE are outlined in the progression grid. Its cohesive vision helps children understand and value how they fit into and contribute to the world. With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw equips us to deliver engaging and relevant PSHE education. This encourages building resilience and nurturing mental and physical health. Jigsaw lessons also include mindfulness which allows children to advance their emotional awareness, self-regulation and concentration.

We believe that PSHE education plays a vital part in primary education so as well as discrete lessons, it is embedded throughout the curriculum. Key concepts are explored across our broad and balanced curriculum. PSHE is also an important part of school assemblies where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. In addition, we hold special events such as themed days/weeks, we invite in visitors and have regular links with our community.

Our PSHE delivery ensures the children explore the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves,

Impact

At Kingsmoor we deliver the PSHE curriculum by utilising first-hand experiences and sharing good practice. As well as this, we are aware that the delivered curriculum must reflect the needs of our pupils.

The effectiveness of the curriculum is monitored through looking at work produced and discussions with pupils. At the end of each Jigsaw piece pupils self-assess their understanding, this is followed by teacher assessment.

We feel that behaviour around the school is excellent as a result of an embedded warm strict culture which is taught through PSHE.

their understanding of the world, and their ability to communicate their feelings. Children at Kingsmoor Academy also acquire an understanding of British values that are necessary if they are to make sense of their experiences, value themselves, respect others, appreciate differences and feel confident and informed as a British and global citizen.

Teaching and learning
Jigsaw PSHE is a comprehensive and completely original Scheme of Work (lesson plans) for the whole primary school. The Jigsaw teaching materials integrate Personal, Social, Health Education (PSHE), emotional literacy, social skills, mindfulness, and spiritual development in a whole-school approach. The expectations of the DfE Relationships and Health Education guidance are woven throughout Jigsaw but specifically covered in the Relationships and Healthy Me Puzzles (units), with puberty and human reproduction being taught in the Changing Me Puzzle. The Jigsaw PSHE lessons aim to give children their entitlement to information about relationships, puberty and human reproduction, appropriate to their ages and stages of development. This work is treated in a matter-of-fact and sensitive manner and helps children to cope with change, including puberty, and to learn about healthy relationships. There are six Puzzles (units): Being me in My World Celebrating Difference Dreams and Goals Healthy Me Relationships Changing Me, each with six lessons. These are sequenced from the beginning to the end of the school year. The

Planning
Kingsmoor Academy's PSHE curriculum overview map shows the units to be covered each term for teachers to follow. Within these units, there are specific, age appropriate topics that are developed and built on throughout our pupil's journeys across the school.
A range of resources including PowerPoints, activities and online games are provided by Jigsaw to support teaching. These are adapted to meet the needs of the children, when needed.

Assessment
Whilst all learning is recorded with a pupil's individual PSHE folder, the width of our provision means that a range of measures are used:
Participation in extra-curricular activity both in school and beyond is celebrated and shared throughout the school.
Pupil Voice takes on a huge role of assessment as surveys are used to assess the children's opinion and views on PSHE across the school.
The use of 'Worry jars/boxes' enable teachers to keep up to date with children's views on specific lessons/tasks.
Self assessment and peer assessment.
All worked is marked after the lesson to pick up any future threads.

Monitoring
Monitoring is undertaken by the subject leader and SLT during the school year. This will include:

- learning walks during PSHE lessons.
- scrutiny of PSHE books

Marking and Feedback
Work should be marked according to the school marking policy by using:

- Peer and self-assessment
- Oral feedback

- speaking with pupils and discussions about what they have learnt and enjoyed.
- School council feedback

- Written feedback if work needs further support or improvement.
- Learning objective highlighted when child has met the objective.

EYFS

The layout of lesson plans for Early Years is different (more simplified) to the rest of the age 5+ lesson planning. Please see The Jigsaw Approach (for Ages 5-11/12) in the next tab detailing the approach for the Primary phase.

There are two sets of materials:

1. **Foundation 1** (Nursery and pre-school, 3-4 year olds)
2. **Foundation 2** (Reception, 4-5 year olds).

In each of these there are six Puzzles, one for each half-term through the school year. The Puzzles follow the same theme for F1 and F2 but are differentiated for the age/stage of the children.