

PE at Kingsmoor



"Physical Fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity."

John Fitzgerald Kennedy

Intent

At Kingsmoor, we aim to provide a PE curriculum that motivates and engages all pupils from Nursery to Year 6. We provide a broad range of activities both in lessons and through extra-curricular clubs which enables all of our pupils to develop their health, fitness and physical and mental wellbeing. We offer a high-quality physical education curriculum, delivered by PE specialists and teachers, that inspires all pupils to succeed and excel in competitive sport with a focus upon teamwork and developing resilience.

PE provides opportunities for all pupils to become physically confident in a way which supports their own personal health and fitness as well as numerous opportunities to compete in sport and other activities. PE lessons also enable pupils to develop transferable life skills where the promotion of character building helps to embed values such as our 6R's (Respect, Responsibility, Resourcefulness, Ready, Resilience, Reflection).

Implementation

Pupils are taught regularly by Sports Specialists and teachers from Nursery to Year 6. The curriculum is further enhanced by participation in numerous sporting tournaments with other schools in the area and after school clubs. Sports coaches supervise sports activities at lunchtime, including: football, hockey, basketball and cricket.

We have PE monitors and play leaders, who make sure that PE equipment is ready and easy to access in the PE cupboards and that pupils are engaged in active play and lunchtimes. As an Active School, we aim to ensure that the children participate in active lessons outside of their regular PE lessons, which includes the Daily Mile.

We follow the guidelines set by the national curriculum to ensure we offer a range of PE activities that allow each child to feel challenged and offer opportunities to progress further.

Impact

By the end of each key stage, pupils are expected to know, apply and understand the skills and processes specified in the relevant programme of study.

At Kingsmoor Academy, we use the Enfield PE scheme of work to determine children's understanding and inform teachers planning.

Assessment

- AFL is used within each lesson to establish next steps for pupils.
- All National Curriculum aims and objectives have been mapped out. Teachers can assess whether each objective has been covered and whether pupils are working below, working towards, expected or greater depth.

Monitoring following the MERS cycle

Monitoring is undertaken by the subject leader and SLT during the school year. This will include:

- monitoring the covered/achieved PE objectives
- learning walks during PE lessons

Marking and Feedback

- misconceptions are addressed through verbal feedback
- pupils are able to recall previous learning which is demonstrated through questioning in lessons

- scrutiny of data
- speaking with pupils and discussions about what they have learnt and enjoyed

- pupils are able to articulate what they have learnt in the lesson
- pupils are aware of their personal targets due to verbal feedback being given through mini plenaries throughout lessons

EYFS

As part of the EYFS statutory framework pupils are taught:

- Physical development – this involves providing opportunities for young children to be active and interactive and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.
- Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively.
- Health and self-care: children know the importance of good health, physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.