



Dates for Your

DIARY



Diary Dates

Children return to school: 26th February

Florence Nightingale Y1: 1st March

**PTA Movie Night for Reception: Y1 & Y2:
12th March**

PTA Movie Night for Y3—6: 13th March

Comic Relief: 15th March

PTA Easter Event: 28th March

Great Fire Of London Y2: 19th April

Romans Workshop Y3&4: 26th April

Mountfitchet Castle Y5: 13th June

Paradise Park Reception: 2nd July

Walton on Naze Y1 & Y2: 11th July

Walton On Naze Y3,4,5,& 6: 12th July



NEWSLETTER

A message from the Principal



Dear Parents and Carers,

We are now at the end of another half term of fabulous learning and taking part in different events. We are all looking forward to a break for a week to refresh and reset, ready for the run up to Easter.

Our Young Voices choir did us proud when they performed at the o2 Arena in the largest children's choir concert in the world. There was a magical feeling in the arena and I am sure parents will agree that we have some very talented singers in our school. A special thank you to Miss Nelmes for all her hard work and dedication with teaching the choir all and helping to develop the creative talent of our pupils.

Last week was Mental Health Week and all the children completed work around this topic. We had conversations about our feelings and emotions and discussed how we manage our different feelings. Our children were clear about people who can help them in and out of school if they needed it.

At Kingsmoor we have been working hard with our children on developing our positive culture for learning. To reinforce the positive behaviour, we have introduced the Kingsmoor Way. This includes: Lovely Lining Up, Wonderful Walking, Marvellous Manners and so on. Our children have taken this on board really well and it is a pleasure seeing them represent the school so wonderfully. We often have visitors complimenting the behaviour of pupils and that is a testament to all the hard work of the parents and staff who instil these life skills in our children.

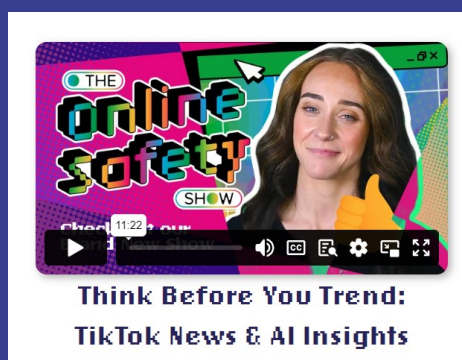
Have a wonderful half term break, children, families and staff have a great rest and lots of fun. We look forward to seeing everyone back in school on Monday 26th February. We have lots of great History workshops planned in the run up to Easter as well as some PTA events planned and Comic Relief.

Safer Schools

The Online Safety Show

In the Online Safety Show, we take some of the most talked about news stories and look at how they impact online safety. Each episode, we'll be talking about top-ics and trends, speaking to experts in digital and online safety, and getting advice that you can use to stay safer online. Use the link below to find out more:

<https://oursaferschools.co.uk/2024/02/05/safer-internet-day-2024/>



We remind our children to be SMART online

Online Safety

Follow the **SMART** rules to help stay safe online.

S
Safe
Stay **safe** online by not sharing your personal information.

M
Meet
Do not **meet** anyone who you have only become friends with online.

A
Accept
Do not **accept** messages and friend requests from people you do not know.

R
Reliable
Not everything online is **reliable**. People online are strangers and you can't always trust everything they say.

T
Tell
Tell an adult you trust if anything happens online that you do not like.

Be careful what you share online!
Stop and think before you share information online.
Don't say or do anything that you wouldn't do in the real world!



Safeguarding



Safer Schools App



The Safer Schools App helps to educate, empower and protect children and those responsible with helping to keep them safe as they navigate the world of technology and social media.

The App is designed to support and protect children by educating and empowering them in school and at home. As parents and carers, you will have a tailored version of the app which will empower and educate you to best support the children in your care in the digital world. The safety hub contains all of the important alerts about new threats and trends online which are sent out by the Safer Schools Team.

In the video hub you will see all of the safeguarding videos posted by the safer schools team.

The alerts hub hosts all of the push notifications which can be sent out by us as a school, or by the Safer Schools Team. This could range from an alert about a new app, or simply a reminder from the school (Make sure that you turn all of your push notifications on when you download the App) Overwhelmed by the sheer amount of different apps and devices out there? Not sure how to help your children stay safe online? Check out the Online Safety Centre to find out how to block, report and set appropriate privacy and safety settings. On the screen it shows an example of how to learn to block someone on Tik-Tok. Simply click on the block button, choose the device you are using, select the social media app and then watch the short video.

The Digital Safety section is a handy reference tool to keep you informed on a range of topics from The Online World to Gaming. The screen recording shows you how to find all the info you need to know on the controversial, yet popular messaging app Kik in the Social Media section.

Want to test your knowledge of the information on the App? Think you know as much as your kids? Try our Quick Quizzes on any of our topics.

If you feel like even more of a challenge – try the Digital Tests section for a more in-depth, multiple choice quiz.

Step 1: Open up your App Store or Google Play and search for 'Safer Schools'

Step 2: Type in your school name – **Kingsmoor Academy**

Step 3: Type in the code – **7740** or Scan the QR Code



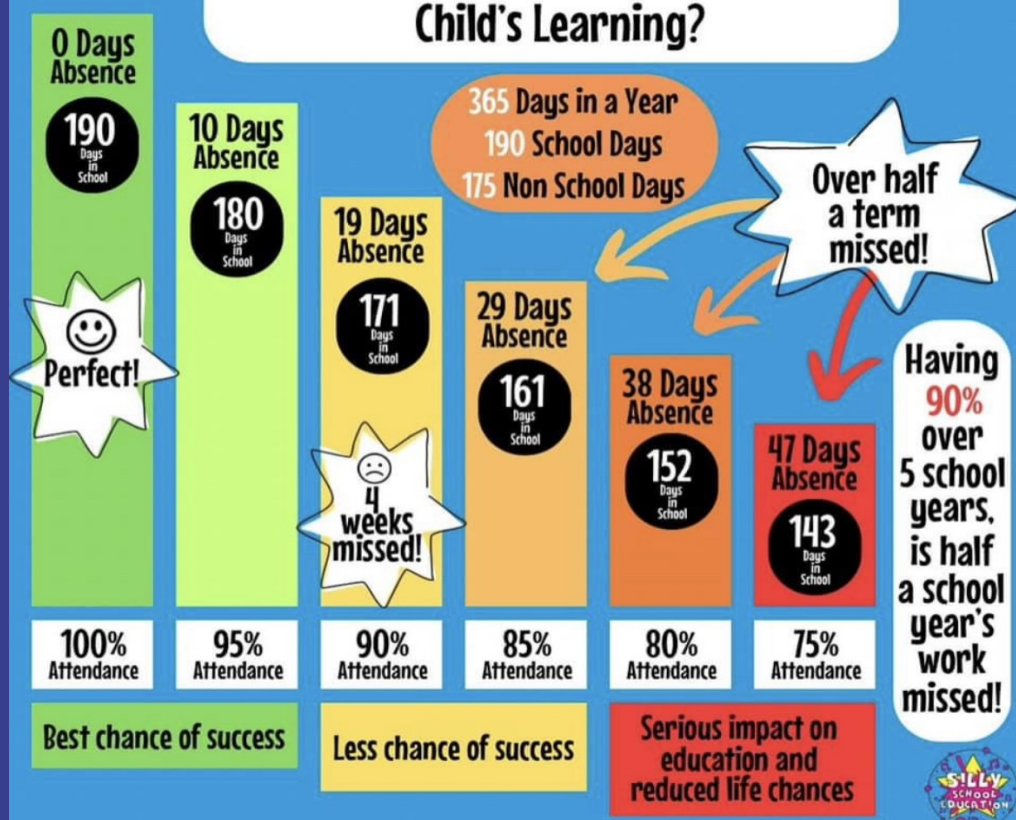
Celebrating Fantastic Attendance

We have unfortunately had a lot of sickness in the school recently but I am glad that our pupils are now starting to feel so much better, it is good to have them back in school again.

Our attendance winners for the week beginning 5th February were Poland class with their whole class attendance at 95.8%. Well done Poland class. They were closely followed by Italy class with 95.7%, Ghana, China, Japan and Australia classes all with 95% attendance.

Well done everyone, keep it up!

How Does School Attendance Affect a Child's Learning?



Be an attendance **HERO!**



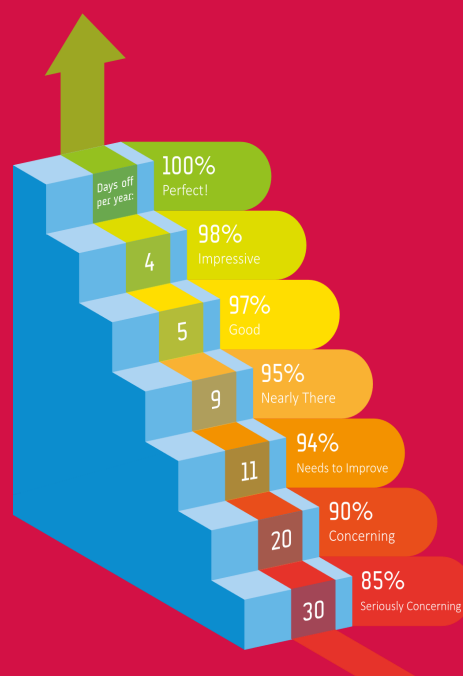
Attendance winners for this week are Italy Class with 98.75% attendance Well Done

ATTENDANCE

Kingsmoor Academy prioritises attendance and punctuality. We aim to have attendance which meets and exceeds the national average.

We understand that children can be absent from school due to illness and medical appointments. Please remember to call the school office and report your child's absence to the attendance officer before 9.30am.

Punctuality is just as important as attendance. We have a 'soft start' from 8.40am where children can attend and complete some early morning work. Classroom doors close at 8.50am for registration.



Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

Buy Milk

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.01.2023



Celebrations at Kingsmoor Academy



Congratulations to the following children who have received Headteachers Awards

Friday 1st December

1G Minhaj & Teddy
1I Irina & Teddy
2P Kamau & Calix
2E Elwood & Jacob
3I Brianna & Rares
3/4B AJ & Louis
4C Amelia & Morgan
5G Pola & Niki
5J Caitlin & Luther
6K Whole Class
6A Arda & Hamza

Friday 8th December

1G Leiani & Jakub
1I Whole Class
2P Alicja & Dominykas
2E Adam & Erin
3I Scarlett & Isaac
3/4B Francessa & Aisha
4C Isabella & Oscar
5G Michael & Amelia
5J Millie & Honey
6K Whole Class
6A Saffron & Rhamae

Friday 15th December

1G Lilly-Mae –Charlie
1I Whole Class
2P Whole Class
2E Whole Class
3I George Mai-Tilly Rose
3/4B Tyler & Filip
4C Macey & Leona
5G Kacper & Beaux
5J Aleks & Bojidar
6K Whole Class
6A Rasan & Milda

Friday 19th January

1G Almira & Rayan
1I Sienna & Ronnie
2P Skyla & Ademola
2E Kaziya & Stefania
3I Leticija & Ronnie
3/4B Teddy & Scarlett
4C Madiha & Olivia
5G Adrienne & Lilly –Rose
5J Olivia & Baloch
6K Lilly & Ronnie
6A Lily & Ronnie



The Young Voices Choir visited the O2 for the Young Voices concert this week.

The Choir consisted of 9027 children

Everyone had the most amazing day especially the girls in Y6 that got to meet MC Grammar

