

Dear Parents and Carers,

We are rapidly approaching the end of another half term before we enter the final part of the summer term; this year seems to have flown by! We continue to have many great events happening within the Kingsmoor community. We hosted a Scholastic Book Fair which raised lots of money for new books and would like to thank you all for your support. We have celebrated Science week and saw some fantastic Scientist costumes. Year Three experienced a fantastic educational visit to Celtic Harmony whilst our Year Four pupils have visited Harlow Museum. Some of our pupils also took part in Young Voices at the O2 and performed superbly. Our children continued to make us proud on these visits, as their behaviour was exemplary.

Additionally, Year Six have taken part in a very enjoyable drama workshop which supported them in preparing for their transition to secondary school. Years Two and Six have also worked incredibly hard to complete their SATS. All pupils tried their very best and showed remarkable resilience. Our pupils continue to shine brightly and make us proud on a daily basis.

We hope that you have a good Half Term break and enjoy the Queen's Platinum Jubilee Celebrations should you be celebrating.

Miss Lymbouris Principal

Important Dates:

Inset Day
27/05/22

Half Term
30th May - 4th
June

Phonics
Screening Test
7th -10th June 22

Stansted Mount
Fitchett-Y5
22/06/22

Please remember
to check your
School Gateway
for important info



The Queen's Platinum Jubilee
2-5 June 2022



Newsletter

Academy Transformation Trust



26/05/22



SUMMER FETE

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
SATURDAY JUNE 18TH 2022
★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

- TOMBOLA ★ ICE CREAM
- LOADS OF GAMES ★
- ★ FACE PAINTING
- INFLATABLES ★
- STALLS ★ RAFFLE

18 JUNE | 11-3pm ★ **FREE ENTRY**
 ★ Refreshments
Kingsmoor Academy ★
 Ployters Road, Harlow. CM18 7PS ★ **ALL WELCOME**

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalsafety.org for further guides, tips and tips for adults.

ONLINE SAFETY FOR UNDER 5s

10 Top Tips for Parents and Carers

According to Ofcom's most recent research, a significant proportion of children are already online by the time they start school, with 17% of 5-year-olds owning their own mobile phone and 58% using messaging platforms. As becoming familiar with technology is generally encouraged in younger children – and has been essential for education during the pandemic – it is crucial that trusted adults recognise both the benefits and the risks of infants and toddlers using digital devices. We've compiled our top tips to help the under-5s start their online safety journey.

1 USE DEVICES TOGETHER

This lets you monitor and control what your child is using the device for. It also provides the interaction that supports children's understanding of what they're seeing – allowing them to ask you questions, and so on.

PARENT CODE *****

6 BLOCK IN-APP PURCHASES

If your child uses a device that's linked to a payment method (such as a bank card), use the parental controls to block in-app purchases, as well as in-app purchases. That will prevent your child from accidentally spending money while on your device.

2 ACTIVATE PARENTAL CONTROLS

Most digital devices have built-in parental controls that can limit the type of content children have access to. If your little one uses any device (even borrowing yours), it's a good idea to explore what controls the device has and enable them whenever they have access to it.

7 CHOOSE SAFE APPS AND SITES

There are some fantastic apps and platforms that are specifically designed to be safer for children. Always check the PEGI age rating before downloading an app, and test it yourself before allowing your child to use it.

3 MANAGE SCREEN TIME

This can be tricky, especially if your child is interested in a certain video, app or game. Try to agree on some ground rules and get your child into a routine which includes certain times of the day when they go without devices.

8 INVOLVE THE FAMILY

If your toddler has older siblings, it's likely that their rules for device use will be different – and that they'll see content that isn't appropriate for younger ones (a particular worry if they share devices). Encourage the whole family to be good role models and help little ones stay safe online.

4 TALK ABOUT BEING SAFE ONLINE

Just like we teach children about being safe in the real world, we need to educate them about how to stay safe online. Use age-appropriate language to help them understand, and plenty of hand gestures can reinforce what you're telling them.

9 IF IN DOUBT, ASK

The easiest way to find out what your child is doing online is usually just to talk about it with them. Developing an open dialogue at an early age helps them grow up feeling able to talk to you about their digital life – providing opportunities to intervene if you're concerned.

5 SET A GOOD EXAMPLE

Children often learn by watching and copying those around them, and using digital devices is no exception. When you're around your child, try to follow the same rules that you've set for them. Let them see you balancing your time online with interesting with people in real life, too.

10 SUPPORT CREATIVE & ACTIVE PLAY

Physical and creative activities are important for a child's wellbeing, and there are plenty of ways to incorporate technology into that. For example, you could encourage games that require physical movement; dance and sing along to songs your child loves; and follow step-by-step crafting videos.

Meet Our Expert

Isabelle Moulton is a professional development and EYF5 coordinator at an 'outstanding' nursery school in London. She has been working as a nursery and early years practitioner, both in the UK and internationally, for the past 15 years.





Newsletter

WEEK 1 MENU

W/C 19/05,20/06,11/07



Monday Tuesday Wednesday Thursday Friday

Hot Main Dish	Cheese & Tomato Pizza With Potato Wedges	Allegra's Proper Chicken Pie With mash potato	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Beef Bolognese Served with Pasta	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips
Alternative Dish	Macaroni Cheese Cheesy Macaroni Cheese	Macaroni Cheese Cheesy Macaroni Cheese	Quorn Roast Served with fluffy roasties and gravy	Quorn Hot dog Served with Potato wedges	Quorn Dippers and Chips Crispy Quorn nuggets
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Jacket Potato	Jacket Potato with a choice of fillings	Jacket Potato and a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings
Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Green Beans and Sweetcorn	Peas and Broccoli	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas
Desserts	Chocolate Cream	Secret Brownie	Shortbread Biscuit with Fruit Slices	Banana and Apricot Flapjack -served with fruit slices	Lemon Slice

PACKED LUNCH-AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL
WITH VEG STICKS AND FRESH FRUIT OR
BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

AVAILABLE DAILY
WATER, SALAD, YOGHURT & FRESH FRUIT



Newsletter

WEEK 2 MENU

W/C: 25/04, 16/05, 06/06, 27/06, 18/07



Monday Tuesday Wednesday Thursday Friday

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Veggie Bolognese Penne pasta in a yummy tomato sauce	Sausage & Mash Pork sausages served with mashed potato	Roast Turkey with Roast Potatoes and Gravy Succulent roast turkey with fluffy roasties and tasty gravy	Beef Bolognese Served with pasta	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips
Alternative Dish	Cheese and Tomato Pizza Cheesy tomato topped pizza slice	Veggie Lasagne	Sweet Potato and Chick-pea Roast Served with roast potatoes and gravy	Veggie Balls in Tomato Sauce Served with pasta	Quorn Dippers Served with scrummy chips
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
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Vegetables	Carrot Sticks and Cucumber Sticks	Peas and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Desserts	Flapjack with Fruit Slices	Orange Shortbread with fruit slices	Crunchy Chocolate Biscuit	Fruity Chocolate Brownie	Vanilla Ice Cream

PACKED LUNCH-AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

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WATER, SALAD, YOGHURT & FRESH FRUIT



Newsletter

WEEK 3 MENU

W/C: 02/05, 23/05, 13/06, 04/07



Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

Cheese & Tomatoe Pizza
Cheesy Macaroni Pasta

Sweet & Sour Chicken
Served with rice

Roast Chicken with Roast Potatoes and Gravy
Succulent roast Chicken with fluffy roasties and tasty gravy

Beef Bolognaise
Served with Pasta

Southern Fried Chicken Tasters
Lightly seasoned crispy chicken strips and scrummy chips

Alternative Dish

Veggie Sausage and Mash with Gravy
Fluffy mash with veggie sausages and rich gravy

Veggie Balls in Tomato Sauce
Served with Pasta

Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy
A chunky butternut squash and potato slice

Veggie Lasagne served with a bread wedge
Delicious sheets of pasta layered with veggies and tomato sauce

Quorn Dippers
Served with scrummy chips

Salads

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Including lettuce, cucumber, tomato, grated carrot

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Jacket Potato

Jacket Potato
With a choice of fillings

Pasta

Tomato Pasta
A delicious fresh, home-made tomato sauce with penne pasta

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Vegetables

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

Desserts

Oatie Biscuit with Fruit Slices

Banana & Berry Cobbler

Strawberry Ice Cream

Chocolate Sponge Cake

Crispy Crackle Bar

PACKED LUNCH-AVAILABLE DAILY

HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

AVAILABLE DAILY

WATER, SALAD, YOGHURT & FRESH FRUIT