

# THREE WEEK MENU

SPRING/SUMMER 2022



**Chartwells**  
So much more than Fantastic Food

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN



YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1 MENU

W/C: 18/04, 19/05, 20/06, 11/07

**Chartwells**  
So much more than Fantastic Food



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Hot Main Dish

### Burrito 🌱❤️🌾

A soft wrap filled with lightly spiced veggies and rice

### Allegra's BBQ Chicken Burger Corn and Pineapple Relish

BBQ chicken breast burger with zingy corn relish

### Roast Chicken with Roast Potatoes and Gravy

Succulent roast chicken with fluffy roasties and tasty gravy

### Beef Meatballs ❤️🌾

In a yummy tomato sauce

### Golden Fish Fingers and Chips

Crispy fish fingers and scrummy chips

## Alternative Dish

### Cheese & Tomato Pizza With Potato Wedges



### Macaroni Cheese Cheesy Macaroni Cheese



### Quorn Roast Served with fluffy roasties and gravy



### Quorn Hot dog Served with Potato wedges



### Quorn Dippers and Chips 🌱

Crispy Quorn nuggets

## Salads

A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot

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## Jacket Potato

### Jacket Potato with a choice of fillings ❤️🌱

### Jacket Potato with salmon mayonnaise and a choice of fillings 🐟❤️🌱

### Jacket Potato with a choice of fillings ❤️🌱

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## Pasta

### Tomato Pasta 🌱🌾

A delicious fresh, homemade tomato sauce with penne pasta

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## Vegetables

Green Beans and Sweetcorn

Peas and Broccoli

Carrots and Cabbage

Broccoli and Sweetcorn

Baked Beans and Peas

## Desserts

Raspberry Ripple Ice Cream

Secret Brownie

Shortbread Biscuit with Fruit Slices 🍏

Berry and Peach Oaty Crumble with Custard 🍏

Lemon Slice

AVAILABLE DAILY

WATER, SALAD, YOGHURT & FRESH FRUIT

🌱 Vegetarian 🐟 Oily fish 🌾 Wholegrain 🍏 Fruity! ❤️ Nutritionist's Choice

SPRING/SUMMER 2022



# WEEK 2 MENU

W/C: 25/04, 16/05, 06/06, 27/06, 18/07



## MONDAY




## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### Hot Main Dish

**Veggie Bolognese**     
Penne pasta in a yummy tomato sauce



**Sausage & Mash**  
Pork sausages served with mashed potato



**Roast Turkey with Roast Potatoes and Gravy**  
Succulent roast turkey with fluffy roasties and tasty gravy


**Beef Lasagne**  
Delicious sheets of pasta layered with beef mince and tomato sauce  
Served with a Garlic & Herb Wedge Bread

**Golden Fish Fingers and Chips**  
Crispy fish fingers and scrummy chips

### Alternative Dish

**Cheese and Tomato Pizza**    
Cheesy tomato topped pizza slice

**The Incredible Burger**    
Served with potato wedges

**Sweet Potato and Chickpea Roast**  
Served with roast potatoes and gravy 

**Veggie Balls in Tomato Sauce**  
Served with pasta

**Quorn Dippers**  
Served with scrummy chips 

### Salads

**A Selection of Fresh Salads**  
Including lettuce, cucumber, tomato, grated carrot



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### Jacket Potato

**Jacket Potato**    
With a choice of fillings



**Jacket Potato**    
With a choice of fillings



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With a choice of fillings



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With a choice of fillings



**Jacket Potato**    
With a choice of fillings



### Pasta

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### Vegetables

**Carrot Sticks and Cucumber Sticks**

**Peas and Broccoli**


**Carrots and Cabbage**

**Green Beans and Sweetcorn**


**Baked Beans and Peas**

### Desserts

**Flapjack with Fruit Slices** 

**Orange Shortbread**   
with fruit slices

**Crunchy Chocolate Biscuit**

**Fruity Chocolate Brownie** 

**Vanilla Ice Cream**

**AVAILABLE DAILY**

**WATER, SALAD, YOGHURT & FRESH FRUIT**

 **Vegetarian**  **Oily fish**  **Wholegrain**  **Fruity!**  **Nutritionist's Choice**

SPRING/SUMMER 2022



# WEEK 3 MENU

W/C: 02/05, 23/05, 13/06, 04/07



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Hot Main Dish

Macaroni Cheese  
Cheesy Macaroni Pasta



Sweet & Sour Chicken  
Served with rice



Roast Chicken  
with Roast Potatoes and Gravy  
Succulent roast Chicken with  
fluffy roasties and tasty gravy

Beef Burrito  
A soft wrap filled with fresh beef  
and rice



Southern Fried Chicken Tasters  
Lightly seasoned crispy chicken  
strips and scrummy chips

## Alternative Dish

Veggie Sausage and Mash  
with Gravy  
Fluffy mash with veggie sausages  
and rich gravy



Veggie Balls in Tomato Sauce  
Served with Pasta



Butternut Squash and Potato  
Pastry Slice with Roast Potatoes  
and Gravy  
A chunky butternut squash and  
potato slice



Veggie Lasagne  
served with a bread wedge  
Delicious sheets of pasta layered  
with veggies and tomato sauce



Quorn Dippers  
Served with scrummy chips



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tomato, grated carrot

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## Jacket Potato

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With a choice of fillings



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## Vegetables

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

## Desserts

Oatie Biscuit with Fruit Slices



Banana & Berry Cobbler

Strawberry Ice Cream

Chocolate Sponge Cake

Cheese & Biscuits



AVAILABLE DAILY

WATER, SALAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

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