



## **PSHE Curriculum**

You can download our PSHE overview here: [PSHE overview](#)

### **Design**

At Kingsmoor Academy we use the Jigsaw scheme to promote a whole school approach to the teaching and learning of Personal, Social and Health education (including Relationships, Health and Sex Education). Our intention is to deliver a curriculum that is accessible to all and will maximise the outcomes of every child. The curriculum is designed so that learning is holistic and mindfulness runs through every Jigsaw piece and puzzle.

PSHE is taught explicitly, and nurtured implicitly, through well structured, progressive weekly lessons. It builds social skills, grows emotional literacy, enables positive mental health and nurtures children's positive relationships with themselves and others. Spiritual, Moral, Social and Cultural education (SMSC), Fundamental British Values and Safeguarding are addressed throughout, promoting the pupils' growth as British citizens to uphold the principles of democracy, the rule of law, individual liberty, mutual respect and tolerance of different faiths, beliefs and beliefs.

### **Delivery**

PSHE lessons are delivered in discrete weekly lessons following the Jigsaw scheme. Key Stage and in class assemblies are used to further explore themes and to address current affairs.

### **The Six Puzzles (Themes/Units of work)**

There are six Puzzles in Jigsaw (quickly identified by their colour scheme) designed to progress in sequence from the beginning of each academic year:

Term 1: Being Me in My World

Term 2: Celebrating Difference (including anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: **Relationships**

Term 6: **Changing Me (including Sex Education)**

**Each Puzzle has six Pieces (lessons)** which work towards an 'end product', for example, The School Learning Charter or The Garden of Dreams and Goals.



### **Impact**

The effectiveness of the curriculum is monitored through looking at work produced and discussions with pupils. At the end of each Jigsaw piece pupils self-assess their understanding, this is followed by teacher assessment.

### **Relationship and Sex Education**

From September 2020, the Government have issued new guidelines making Relationship, Health and Sex Education (RHSE) compulsory in primary schools. This area of Jigsaw covers the changes that children will face, both physically and emotionally. This will cover aspects of Sex and Relationship education.

At Kingsmoor Academy we believe that knowledge empowers children to make informed decisions that keep them happy, safe and secure. The previous 5 units build resilience, self-esteem and confidence and the ability to deal with appropriate information without fear or embarrassment. Both 'Relationships' and 'Changing Me' are kept till the summer term to ensure that the children are taught this when they are at their most mature within the year.

*Please note the following documents are on our website and accompany this document:*

- RSHE primary schools guide for parents
- RSHE-overview for Relationships and Changing me
- RSHE-A Guide for Parents and Carers leaflet
- PSHE-RSE Book Lists with age appropriate vocabulary

### **British values:**

The Jigsaw curriculum has British values weaved within its lessons however we will also teach at least one explicit British value lesson per half term. Within this lesson we intend to promote the fundamental British values of democracy, rule of law, individual liberty, tolerance and mutual respect of those with different faiths and beliefs.

Within our schools, our aim is to promote tolerance and understanding to instil the importance of kindness, treating everyone equally and respecting difference. Care and safety are paramount for positive relationships. Through this, the pupils will explore the complexity of relationships they will have both now and throughout their lives.