



Newsletter

Academy Transformation Trust

15/10/21

Dear Parents and Carers,

We have had a great couple of weeks here at Kingsmoor Academy. I am thrilled to see the children in Reception and Nursery settling in so quickly, it seems like they have been with us for years not weeks! Well done Early Years.

You will soon be receiving information regarding parents consultations, these will be taking place in November and as it stands, these will be face-to-face. We look forward to sharing all the wonderful learning that has taken place since the beginning of the autumn term.

A little reminder from me, as the school continues to grow in size, we now have even more families attending our school. Please do not congregate outside the school gates as this is causing congestion, we need to ensure the pavements are clear so that our children can walk to school safely. Thank you all and have a lovely weekend.

Miss Lymbouris
Acting Principal

Important Dates:

Book fair-02/12/21 - 09/12/21

Half Term - 25th to 29th Oct

Stats Meeting Y6 03/11/21

Please remember to check your School Gateway for important

STAY SAFE



WASH YOUR HANDS



KEEP SAFE DISTANCE



Pirate Day





On Thursday 7th October, we celebrated pirate day. We made treasure maps and it was really fun. We made our maps look old and traditional. We also watched the pantomime called 'Treasure Island' which was really exciting. Lots of classes did Pirate Maths to find out who found the treasure. It was a great treasure hunt and a wonderful day.

Elise 6A



HEAD TEACHER'S AWARD

Ghana	Scarlett	Lilla
Italy	Erin	Skye
Poland	Maisie	Noah
Egypt	Teddy	AJ
Cuba	Olivia	Josette
India	Lilly Rose	Aaya
China	Chloe	Tobias
Brazil	Abdul	Oliver
Japan	Ella	Nathaniel
Greece	Marcel	Katie Lou
Australia	Dayo	Yannis
Bronze Award	David A	
Silver Award		
Gold Award		





Are you concerned about child's safety on the internet and would like advice and support on how to keep them safe?

**The Essex Child and Family Wellbeing Service presents
Virtual eSafety Parent Workshops with**



eSafetyTraining
'The 2 Johns'

Tuesday 26th October 2021

8.00pm – 9.30pm *These free parent's workshops will look at the online world and how our young people are using it. How they are navigating around restrictions and using the internet without the parent's knowledge.*

This includes :Favourite apps and games, Dangers they face, How young people are being influenced online, Solutions that parents can adopt to help keep their children safe, Stranger Danger message that parents are familiar with and make it ready for 2021

To book your place now please call us on **0300 247 0122**
Monday – Friday 9am-5pm www.essexfamilywellbeing.co.uk



Essex Healthy Schools Programme Creating a Health Promoting School

Following the launch of the update Essex Healthy Schools Programme in September, we would like to invite you to attend a free training session linked to the new Healthy Schools Expectation Document.

This session will provide information, guidance, and support on how your school can ensure it's creating a health promoting school by meeting the expectations in the six key areas of health and wellbeing.

Trauma Informed and Trauma Responsive Practice

PSHE, including statutory RSHE

Emotional Health

Physical Activity

Food and Nutrition

Pupil Voice

Date: Wednesday 13th October 2021

Time: 10am - 11.30am

The meeting will be held virtually via Teams and the link will be emailed to you once your place has been booked.

To book a place please email: vcl.essexpublichealthandhealthyschools@nhs.net

Please include the name of your school and the staff member/s name/s, job title/s and contact email/s



Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Burrito (V) A soft wrap filled with lightly spiced veggies and rice	Allegra's Chicken Filo Pie with Mashed Potato	Roast Turkey with Roast Potatoes and Gravy	Bacon All Day Breakfast Served with baked beans, Scrambled Egg & Potato Wedges	Golden Fish Fingers and Chips
Alternative Dish	Cheese & Tomato Pizza**	Baked Macaroni (V)	Quorn Roast with Roast Potatoes and Gravy (V)	Quorn Hotdog (v) Served with Potato Wedges	Quorn Dippers and Chips (V)
Jacket Potatoes & Salads	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of filling A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.
Vegetable	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desert 1	Raspberry Ripple Ice-Cream	Secret Brownie	Shortbread Biscuit with Fruit Slices	Berry & Peach Oaty Crumble* with Custard	Orange, Sultana & Carrot Slice

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



Lunch Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Veggie Bolognese Penne pasta in a yummy tomato and Quorn sauce	Allegra's Chicken Katsu Served with Wholemeal Rice	Roast Turkey with Roast Potatoes and Gravy	Cottage Pie A classic cottage pie with veg and gravy	Golden Fish Fingers and Chips
Alternative Dish	Cheese and Tomato Pizza ** with Dough Balls	Allegra's Oodles of Noodles (V) Veggie Noodles	Creamy Vegetable Pie (V) with Roast Potatoes and Gravy	Mild Chickpea and Potato Curry (V) ** Served with Wholemeal Rice	Tomato Veggie Burger with Chips (V)
Jacket Potatoes & Salads	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of filling A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.
Vegetable	Carrot Sticks Cucumber Sticks	Peas Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desert 1	Flapjack with Fruit Slices*	Orange Shortbread & Custard	Chocolate Crunchy Biscuit	Fruity Chocolate Brownie	Vanilla Ice-Cream

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily
*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



Lunch Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Macaroni Cheese (V)	Allegra's Garlicky Chicken and Spanish Spuds	Roast Gammon with Roast Potatoes and Gravy	Beef Burrito A soft wrap filled with fresh beef and rice	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and scrummy chip
Alternative Dish	Veggie Sausage and Mash with Gravy (V)	Allegra's Cheesy Peasy Risotto Bake	Quorn Roast with Roast Potatoes and Gravy (V)	Veggie Lasagne served with a bread wedge (V)	Soft Taco and Chips (V)
Jacket Potatoes & Salads	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of filling A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.	Jacket Potato with a choice of fillings A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot.
Vegetable	Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desert 1	Oatie Biscuit with Fruit Slices *	Apple and Carrot Yoghurt Muffin*	Strawberry Ice Cream	Chocolate Sponge Cake	Cheese & Biscuits (cheddar portion)

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian