

# Risk Assessment



## Section 1: Work / Activity Details

Activity / Task Being Assessed:	<b>Sporting Activities (Sports Day)</b>		
Date of Assessment:	23.06.21	Assessed By:	Angie Skinner

## Section 2: Risk Assessment:

Hazard	Who could be harmed and how?	WITHOUT CONTROLS			If risk is not tolerable what additional control measures are required?	WITH CONTROLS		
		How serious could the harm be?	How likely is it that harm will occur?	Is risk tolerable (YES or NO)		How Serious could the harm be?	How likely is it that harm will occur?	Is risk tolerable (YES or NO)
<b>Weather</b> <b>Hot / humid conditions</b> <b>Sun stroke or burn</b>	All: Participants, teachers and non participants. The weather could cause dehydration .	High	Medium	NO	<ul style="list-style-type: none"> <li>• Check the weather report before embarking on any outdoor activity.</li> <li>• Ensure everyone has suitable clothing/footwear for the activity.</li> <li>• Weather forecast-sun, very warm. Letter sent to Parents asking them to provide appropriate clothing, sun cream.</li> <li>• Gazebos erected to provide some shelter from the sun.</li> <li>• KS1 and KS2 out for maximum of 2 hours.</li> <li>• Teachers to ensure participants wear appropriate clothing for weather conditions.</li> <li>• Teachers to be aware of impact weather has on session safety.</li> <li>• Provide shade for events such as Sports Day.</li> <li>• Ensure children have access to drinking water and are wearing sun hats, if provided by parents.</li> </ul>	High	Low	YES
<b>Injuries</b> <b>E.g Twist/turn of joint eg ankle, knee, wrist</b>	All. Participants could sustain an injury from the	High	Medium	NO	<ul style="list-style-type: none"> <li>• Qualified teacher/LSA to supervise each event</li> <li>• Full warm up before activities take place</li> <li>• Full warm down after activities</li> <li>• Suitable equipment and clothing</li> <li>• Follow aerobic and stretching warm up exercises.</li> </ul>	Medium	Medium	YES

	sport				<ul style="list-style-type: none"> <li>• Use appropriate size/weight equipment.</li> <li>• Follow PE curriculum guidelines and adhere to safe practice.</li> <li>• Reinforce safety messages.</li> <li>• First Aid provision as necessary.</li> </ul>			
<b>Showing a negative physical response to exercise – overly heavy breathing, dizziness etc.</b>	All participants.	High	Medium	NO	<ul style="list-style-type: none"> <li>• Observe physical responses.</li> <li>• Administer First Aid as necessary.</li> </ul>	Low	Low	YES
<b>Tripping and falling onto a hard surface</b>	All participants.	High	Low	NO	<ul style="list-style-type: none"> <li>• Make participants aware of dangers e.g. slipping, tripping.</li> <li>• Games/activity should be well controlled by deliverers.</li> </ul>	Low	Low	YES
<b>Contact with foreign elements/objects on the playing surface</b>	All participants.	Medium	Medium	NO	<ul style="list-style-type: none"> <li>• Inspect area prior to start of session, remove/ isolate any hazards.</li> <li>• Make participants aware of dangers eg; tripping, falling.</li> <li>• Games/activity should be well controlled by deliverers.</li> </ul>	Low	Low	YES
<b>Children colliding with each other or equipment/obstacles</b>	All participants.	High	Medium	NO	<ul style="list-style-type: none"> <li>• Draw attention to obstacles.</li> <li>• Control pace and numbers of people active in the space.</li> </ul>	Low	Low	YES
<b>Collisions with non-participants</b>	Participants and non-participants			NO	<ul style="list-style-type: none"> <li>• Ensure area is free from other users.</li> <li>• Use designated areas only.</li> <li>• Teacher to remain vigilant to those who may enter area.</li> <li>• Halt session if required.</li> </ul>	Low	Low	YES
<b>Equipment</b>	All. Faulty equipment could cause harm	High	Low	NO	<ul style="list-style-type: none"> <li>• Fully evaluate what equipment is needed for the activity</li> <li>• Ensure all equipment is in good working order</li> <li>• Ensure all participants are given the correct equipment and that is suitable for their size</li> </ul>	High	Medium	YES
<b>Falling object or projectiles eg balls</b>	All participants.	Medium	Low	NO	<ul style="list-style-type: none"> <li>• Games/ activities to be played in designated areas only under supervision of qualified staff.</li> </ul>	Low	Low	YES
<b>Misuse or lack of control of equipment leading to purposeful or accidental striking of other people.</b>	All participants.	Medium	Low	NO	<ul style="list-style-type: none"> <li>• Reinforce safety message and game rules.</li> <li>• Work in controlled groups with specific individual tasks.</li> <li>• Establish safe spacing between each group.</li> <li>• Discipline any negative or potentially dangerous behaviour.</li> </ul>	Low	Low	YES
<b>Jewellery</b>	All. Jewellery could cause harm. Hair, clothing or	High	Low	NO	<ul style="list-style-type: none"> <li>• No jewellery to be worn. (Visual check of children)</li> <li>• Hair to be tied back.</li> <li>• Normal Essex PE guidelines to be followed.</li> <li>• Children and Staff should wear appropriate clothing and</li> </ul>	Medium	Medium	YES

	jewellery entangled in Equipment.				<ul style="list-style-type: none"> <li>shoes, remove jewellery.</li> </ul>			
<b>Contracting COVID19 through bubbles and year groups mixing</b>	Participants, teachers and non participants.	High	High	NO	<ul style="list-style-type: none"> <li>Pupils and year groups allocated their own areas in which to play games. The children and coaches must not leave their allocated areas.</li> <li>Children to come to school in PE Kit.</li> <li>All involved to immediately wash their hands before and after sports day activities.</li> </ul>	Medium	Medium	YES
<b>Contracting COVID 19 through sharing of sports equipment outside of allocated groups/ bubbles</b>	Participants, teachers and non- participants	High	High	NO	<ul style="list-style-type: none"> <li>All year group bubbles allocated their own kit and equipment, which is clearly marked and not to be used by any other year group bubble.</li> <li>All equipment to be washed down and sanitised after each training session if used by another year group bubble. Sanitising equipment to be present outside.</li> <li>Children to bring own water bottles and only drink from their own bottle.</li> </ul>	Medium	Medium	YES
<b>Contracting COVID 19 through a failure to carry out social distancing.</b>	Participants, teachers and non participants.	High	High	NO	<ul style="list-style-type: none"> <li>Children operating in year group bubbles with no mixing of year group bubbles.</li> <li>One adult per household allowed to spectate.</li> <li>All involved to immediately wash their hands before and after sports day session.</li> </ul>	Medium	Medium	YES

### **ACCOMPANYING NOTES**

**The advice set out below for specific and/or groups of sports, should be followed by the risk assessor when implementing the above risk assessment:**

### **ATHLETICS ACTIVITIES:**

*e.g. Track & Field, Cross Country*

### **POTENTIAL HAZARDS:**

- *Impact injury from contact with participants*
- *Slips, Trips & Falls.*
- *Fatigue related*
  
- *Removal of Jewellery; tie back long hair.*
- *Appropriate kit and footwear to be worn e.g. trainers with grip.*
- *Appropriate sized equipment to be used for age group / skill level.*
- *Appropriate events and distances to be attempted dependant on age group and advice of ESSA and England Athletics.*
- *Pre competition health & safety check of activity area for dangerous objects and clear tracks.*
- *Remind participants of appropriate behaviour.*
- *Participants to be made aware of dangers of misuse of equipment especially throws.*
- *Safety rules communicated and enforced (crossing track, throwing sectors etc)*
- *Check all equipment to be in good condition.*