

Dear Parents and Carers,

We hope that you all had a good Easter break. The pupils have most certainly come back to school ready to learn. As we enter the summer term, the school has been buzzing with excited pupils engaged in their learning and happy to be with their friends again. We have many exciting learning opportunities coming up this term including British Values Week and clubs beginning once again, which will help to support our pupils with their emotional health and well-being. We thank you for your ongoing support and hope for a more

Miss Lymbouris Acting Principal

Important Dates:

Please continue to check your School Gate Way for any information sent



As part of their work, they are offering some workshops. If your child is finding it hard to regulate their emotions, then the following training could help:

- 1) Helping you to support your child's emotions 4 weekly sessions held on Mondays 10:30-12:00pm
- 12 April Session 1

settled term!

- 19 April Session 2
- 26 April Session 3
- 10 May Session 4

This course is suitable for parents with children aged 4-11 years old.

- 2) Helping you to support your child's emotions 4 weekly sessions held on Tuesdays 5:30-6:30pm
- 13 April Session 1
- 20 April Session 2
- 27 April Session 3
- 04 May Session 4

This course is suitable for parents with children aged 4-11 years old.

mind | Mid and North East Essex

Mind websitehttps://mnessexmind.org/

















In the first week back to school after the lockdown, Kingsmoor celebrated 'Science Week'. The theme of this year's Science Week was 'Innovating for the Future'. Children completed many fun activities such as creating classrooms of the future, designing and planning new inventions and learning lots about the achievement of women in science. Children also participated in lots of experiments and, as you can see from the photos, they had a great time doing so.





Red Nose day

On Friday 19th March, we celebrated Red Nose day and raised money by dressing up as superheroes or wearing red clothes. We did some quizzes, jokes and riddles and learnt about what Red Nose Day is and what we raise money for.



In the afternoon, the whole school made cheesecakes. We were led by coach David who gave us instructions via TEAMS so that the whole school made cheesecakes in a cup all at the same time. We really enjoyed this because we got to take the cheesecake home, put it in the fridge and then eat it.









Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Cheese and Tomato Pizza with With dough balls (v)	Chicken Burger With Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Pasta Bolognaise	Golden Fish Fingers and Chips
Alternative Dish	Burritto (V) Soft Wrap filled with lightly spiced veggies and rice	Baked Macaroni (V)	Sweet Potatoes and Chickpea Roast with Roast Potatoes and Gravy (V)	Veggi <mark>e</mark> Hotdog and Potato <mark>e</mark> s Wedges	Quorn Nuggets and Chips (V)
Jacket Potatoes	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo
Vegetable	Coleslaw Sweetcorn	Peas Broccoli	Carrots Cabbage	Sweetcorn Broccoli	Baked Be <mark>ans</mark> Peas
Desert 1	Secret Brownie	Raspberry Ripple	Shortbread Biscuit	Apple and Berry Crumble with Custard	Strawberry Swirl Sponge

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily



Lunch Menu Week 2

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Cheese and Tomato Pizza with Dough Balls (V)	Chicken Tikka Masala with Rice	Roast Gammon with Roast Potatoes and Gravy	Lasagne with a Garlic & Herb Bread Wedge	Southern Fried Chicker Tasters with Chips
Alternative Dish	Veggie Sausage and Mash With Gravy (V)	Vegetable Lasagne with a Garlic and herb bread wedge	Pumpkin and Potatoe Pastry Slice with Roast Potatoes and Gravy (V)	Chilli Macaroni (V) Lightly spiced Mac & Cheese	Soft Taco and Chips (V Soft Taco shell filled with a yummy veggie Tomato Chilli
Jacket Potatoe	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo
Vegetable	Sweetcorn Broccoli and Cauliflow- er Medley	Peas Broccoli	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Peas
Desert 1	Cheese and Biscuits	Fruity Apricot Bar	Strawberry Ice Cream	Chocolate Cake	Oatie Biscuit with Fruit Slices

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily



Lunch Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Chinese Veggie Noodles (V)	Sausages Mash with Gravy	Roast Turkey with Roast Potatoes and Gravy	Pasta Bolognaise	Golden Fish Fingers with Chips
Alternative Dish	Cheese <mark>and Toma</mark> to Pizza with Dough Balls (V)	Qu <mark>orn</mark> Bologn <mark>ese</mark> (V)	Quorn Roast with Roast Potatoes	Mild Bean Chilli With a Rice Side	Quorn Dippers with Chips
Jacket Potatoe	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo	Jacket Potato with a choice of filings Cheese Beans Tuna Mayo
Vegetable	Sweetcorn Broccoli	Peas Carrots	Carrots Cabbage	Sweetcorn Broccoli	Baked Beans Peas
Desert 1	Raspberry Ripple Ice Cream	Peach Shortbread Pudding with Cusstard	Flapjack With Fruit Slices	Chocolate Apricot Brownie	Vanilla Ice Cream

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily