



NEWSLETTER

20/11/20

Dear parents and carers,

It has been another busy two weeks at Kingsmoor with lots of great learning and fund-raising taking place. Children in Need was a lovely day and we would like to thank all our families for helping to raise money for such a worthy cause. I have also enjoyed walking around classes and reading some great poetry that the children have written throughout the school and seeing how happy the children are at Kingsmoor reminds me that I do have the greatest job in the world!

I am aware that the recent bubble closure in upper KS2 has caused some anxious feelings amongst our school community but I would like to reassure you that all staff here are prioritising your children's health, safety and wellbeing. Finally, I would like to thank you all for working hard on remote learning with your children if their bubble did close.

Acting Principal
Angela Lymbouris

Important Dates:

Y6 Energisers Start -24/11/20

Anti Bullying Odd Socks Day - 27/11/20

Please Remember to check your school app for any school updates

Homework & Reading Books

Please can we remind you to send your child in with their reading book and homework on the correct day. Thank you



JOB VACANCY

Kitchen Assistant Required

Contact Chartwells

For Further information Email

u97233-a@compass-group.co.uk



Letters Home

Our new website has now gone live. Please check the school website for regular updates and newsletters

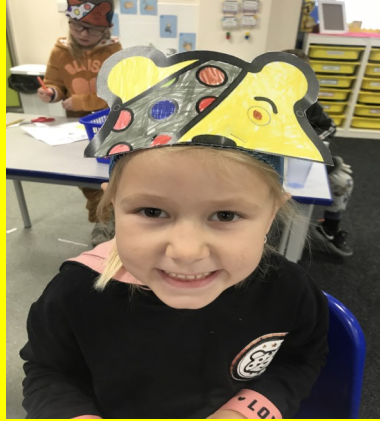
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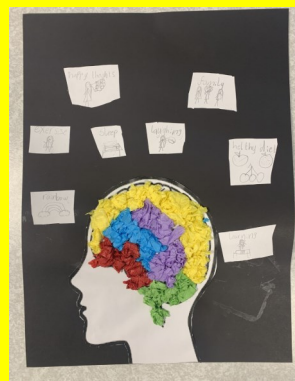
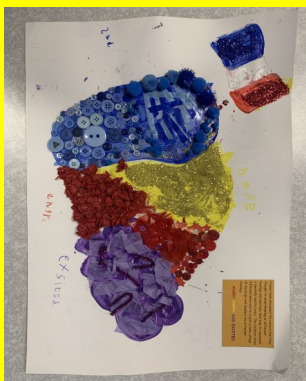


Children in Need

20/11/20



This year, BBC Children in Need were supporting children's Mental Health and Well-being which has been impacted nationally as a result of the Covid-19 pandemic. Teachers prepared some fun activities for their classes to take part in and they were learning about how to support a Healthy, Happy Mental Health. As a part of that they took part in a competition to create a collage, drawing or model of a healthy brain. We had some outstanding entries and I am pleased to announce the winners. Well done to France, Brazil and China classes for their whole class entries and another well done to Erika in Egypt class and Saffron in India class for their amazing solo entries! We are pleased to announce that we have raised £131.51 for the charity and we would like to thank all our families for your support on this day.



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WhatsApp is one of the most popular messaging apps in the world, with more than 1.5 billion people in more than 180 countries using it to send and receive text, photos, videos and documents, as well as make voice and video calls through an Internet or Wi-Fi connection. The free app offers end-to-end encryption, which means that messages can only be read by the sender and the recipient in one-to-one chats, or all members if it is a group chat. Not even WhatsApp can read them.



AGE RESTRICTION
16+



What parents need to know about **WhatsApp**

AGE LIMIT CHANGE
Since May 2018, the minimum age for using WhatsApp is 16 years old if you live in the European Union, including the UK. Prior to this, the minimum age was 13, which still applies for the rest of the world. WhatsApp has not yet stated whether it will take action against anyone aged between 13 and 16 who already hold accounts under the old terms and conditions, such as closing their account or seeking parental permission.

SCAM MESSAGES
Occasionally on WhatsApp, people receive spam messages from unauthorised third parties or from fraudsters pretending to offer prizes to 'lucky people', encouraging recipients to click on a link to win a prize. A common scam involves messages warning recipients that their WhatsApp subscription has run out with the hope that people are duped into providing their payment details. Other scam messages include instructions to forward the message in return for a reward or gift from WhatsApp or another person.

FAKE NEWS AND HOAXES
WhatsApp has been linked to enabling the spread of dangerous viral rumours. In India, for example, a number of attacks appear to have been sparked by false rumours shared on WhatsApp.

THE 'ONLY ADMIN' FEATURE AND CYBERBULLYING
Cyberbullying is the act of sending threatening or taunting text messages, voice messages, pictures and videos, with the aim to hurt and humiliate the receiver. The group chat and group video call features are great for multiple people to chat simultaneously, but there is the potential for people to hurt others with their comments or jokes. The 'only admin' feature gives the admin of a group chat greater control over who can send messages. Whilst this can be good for one-way announcements, the group admin has the power to block somebody from responding to an offensive message in a chat, which could result in a child being upset and unable to reply.

CONNECTING WITH STRANGERS
To start a chat in WhatsApp, you need to know the mobile number of the contact you want to speak to and they also need to have the app downloaded. WhatsApp can find contacts by accessing the address book of a device and recognising which of those contacts are using WhatsApp. If your child has shared their mobile number with someone they don't know, they can use it to get in touch via WhatsApp.

LIVE LOCATION SHARING
WhatsApp's 'Live Location' feature enables users to share their current location in real time to their contacts in a chat, allowing friends to show their movements. The feature, which can be found by pressing the 'attach' button, is described by WhatsApp as a "simple and secure way to let people know where you are." Location-sharing is already a common feature on other social apps, including Snapchat's Snap Map and Facebook Messenger and can be a useful way for a child to let loved ones know they are safe. However, if your child is in a group chat with people they do not know, they will be exposing their location.



National
Online
Safety

Top Tips for Parents

CREATE A SAFE PROFILE
Even though somebody would need your child's phone number to add them as a contact, as an extra security measure we suggest altering their profile settings to control who can see their profile photo and status. The options to choose from are 'Everyone', 'My Contacts' and 'Nobody'. We suggest selecting 'My Contacts' or 'Nobody' to ensure their profile is protected.

EXPLAIN HOW TO BLOCK PEOPLE
If your child has received spam or offensive messages, calls or attachments from a contact, they should block them. Messages and status updates sent by a blocked contact will not show up on the phone and will stay undelivered. Blocking someone will not remove this contact from the contact list - they will need to be removed from the phone's address book. To block a contact, your child needs to open the person's chat stream and tap on the settings.

REPORT SCAM MESSAGES
Advise your child not to tap, share or forward any message that looks suspicious or sounds too good to be true. When your child receives a message from an unknown number for the first time, they will be given the option to report the number as spam directly inside the chat. They can also report a contact or a group as spam using the following steps: 1) Open the chat. 2) Tap on the contact or group name to open their profile information. 3) Scroll to the bottom and tap 'Report Spam'.

LEAVE A GROUP
If your child is part of a group chat that makes them feel uncomfortable or has been added to a group they don't want to be part of, use the group's settings to show them how to leave. If someone exits a group, the admin can add them back in once. If they leave again, they cannot be added again.

USING LIVE LOCATION SAFELY
If your child needs to use the 'Live Location' feature to share with you or a friend, advise them to only share it for the amount of time they need to. WhatsApp gives the options of either 15 minutes, one hour or eight hours. However, your child can choose to stop sharing at any time.

DELETE ACCIDENTAL MESSAGES
If your child has sent a message to the wrong chat or if a message they sent has contained a mistake, they can delete it. To do this, simply tap and hold on the message, choose 'Delete' and then 'Delete for everyone'. The app allows seven minutes to delete the message after it has been sent, but it is important to remember that recipients may have seen and screenshot a message before it was deleted.

SET TIME LIMITS
A 2017 study found that by the age of 14 the average child will have sent more than 35,000 texts, 30,000 WhatsApp messages and racked up more than three solid weeks of video chat. Although it is inevitable that your child will use technology, you can still set boundaries. This is not easy, especially since teens use their devices for both schoolwork and free time, often simultaneously.



SOURCES: <https://www.theguardian.com/commentisfree/2018/apr/20/whatsapp-plans-to-ban-under-16s-the-mystery-is-over>; <https://whatsappbrand.com/>; <https://www.independent.co.uk/life-style/gadgets-and-tech/news/whatsapp-update-latest-india-hoaxes-forward-messages-app-download-88456611.html>



NEWSLETTER

20/11/20



University of Essex



ESSEX
LAW CLINIC



FREE LEGAL ADVICE

The Essex Law Clinic provides free legal advice to those in Essex or surrounding areas denied access to justice because they cannot pay for legal services or cannot access legal aid.

All advice and assistance is provided on a strictly confidential basis by University of Essex law students who are supervised by qualified lawyers and clinical teaching staff.

We do not provide advice on crime, debt and immigration.

More information: <https://www.essex.ac.uk/departments/law/essex-law-clinic>

To book an online appointment, email lawclinic@essex.ac.uk.

Advice is available in areas, such as:

- Family law
- Homelessness
- Housing law and housing conditions
- Employment law
- Consumer law
- Benefits law

Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Cheese and Tomato Pizza with With dough balls (v)	Chicken Burger With Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Pasta Bolognaise	Golden Fish Fingers and Chips
Alternative Dish	Burrito (V) Soft Wrap filled with lightly spiced veggies and rice	Baked Macaroni (V)	Sweet Potatoes and Chickpea Roast with Roast Potatoes and Gravy (V)	Veggie Hotdog and Potatoes Wedges	Quorn Nuggets and Chips (V)
Jacket Potatoes	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo
Vegetable	Coleslaw Sweetcorn	Peas Broccoli	Carrots Cabbage	Sweetcorn Broccoli	Baked Beans Peas
Desert 1	Secret Brownie	Raspberry Ripple Ice Cream	Shortbread Biscuit	Apple and Berry Crumble with Custard	Strawberry Swirl Sponge

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily

Lunch Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Cheese and Tomato Pizza with Dough Balls (V)	Chicken Tikka Masala with Rice	Roast Gammon with Roast Potatoes and Gravy	Lasagne with a Garlic & Herb Bread Wedge	Southern Fried Chicken Tasters with Chips
Alternative Dish	Veggie Sausage and Mash With Gravy (V)	Vegetable Lasagne with a Garlic and herb bread wedge	Pumpkin and Potatoe Pastry Slice with Roast Potatoes and Gravy (V)	Chilli Macaroni (V) Lightly spiced Mac & Cheese	Soft Taco and Chips (V) Soft Taco shell filled with a yummy veggie Tomato Chilli
Jacket Potatoe	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo
Vegetable	Sweetcorn Broccoli and Cauliflow-er Medley	Peas Broccoli	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Peas
Desert 1	Cheese and Biscuits	Fruity Apricot Bar	Strawberry Ice Cream	Chocolate Cake	Oatie Biscuit with Fruit Slices

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily



NEWSLETTER



Lunch Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Chinese Veggie Noodles (V)	Sausages Mash with Gravy	Roast Turkey with Roast Potatoes and Gravy	Pasta Bolognese	Golden Fish Fingers with Chips
Alternative Dish	Cheese and Tomato Pizza with Dough Balls (V)	Quorn Bolognese (V)	Quorn Roast with Roast Potatoes	Mild Bean Chilli With a Rice Side	Quorn Dippers with Chips
Jacket Potatoe	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo
Vegetable	Sweetcorn Broccoli	Peas Carrots	Carrots Cabbage	Sweetcorn Broccoli	Baked Beans Peas
Desert 1	Raspberry Ripple Ice Cream	Peach Shortbread Pudding with Custard	Flapjack With Fruit Slices	Chocolate Apricot Brownie	Vanilla Ice Cream

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily