



NEWSLETTER

17/09/20

Dear parents/carers,

Welcome back to Kingsmoor Academy. It has been a joy to have all the children back at school and seeing how well they have settled into their new classes. The children have been happy and are working incredibly hard with their new learning. It has been a great start to the new academic year.

On behalf of all the staff at Kingsmoor, I would like to thank parents and carers for your support since we reopened the school and for working together with us to make the necessary changes to the school run to ensure the safety of everyone.

Finally, I would like to congratulate Mrs Brennan on her appointment as Executive Principal of Kingsmoor Academy and Ravens Academy, we look forward to another great year of working with Mrs Brennan. I would also like to introduce myself as the Acting Principal of Kingsmoor Academy and I look forward to seeing the children grow on their new learning journey here with us this year.

Acting Principal

Miss Angela Lymbouris

Important Dates:

School Photo - 13th Oct

Flu Spray - 16th October

Half Term - 26 - 30 Oct

Please remember to check your emails for all school communications

Homework & Reading

Books

Please can we remind you to send your child in with their reading book and homework on the correct day. Thank you



Letters Home

Letters that have been sent home are also on our school website in the "Parents Zone". This will be updated frequently.

<http://kingsmooracademy.attrust.org.uk/parents-zone/letters-home/>



Welcome back to Kingsmoor Academy, it has been lovely to see the children focusing on their learning and staying safe. We would like to thank all parents for their continued support.



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17/09/20

INFORMATION FOR PARENTS & CARERS

Everyone has a role to play in keeping our schools safe and helping to stop the spread of COVID-19.

YOU SHOULD BOOK A COVID-19 TEST IF YOUR CHILD HAS:

A HIGH TEMPERATURE

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

OR

A NEW CONTINUOUS COUGH

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual).

OR

A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

IF YOUR CHILD DOES NOT HAVE SYMPTOMS OF COVID-19 BUT HAS OTHER COLD-LIKE SYMPTOMS, SUCH AS A RUNNY NOSE, THEY DO NOT NEED TO BE TESTED AND THEY OR MEMBERS OF YOUR HOUSEHOLD DO NOT NEED TO SELF-ISOLATE. YOUR CHILD CAN ATTEND SCHOOL IF FIT TO DO SO.

HERE'S WHAT TO DO IF:

YOUR CHILD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the test is negative providing they are well enough, have not had a fever for 48 hours and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

YOUR CHILD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result
- Self-isolate for at least 10 days as advised by the PHA.

WHEN CAN MY CHILD RETURN?

Your child can return to school after 10 days even if they still have a cough / loss of smell or taste. These symptoms can last for several weeks.

SOMEBODY IN MY HOUSEHOLD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- The household member should book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the symptomatic household member's test is negative and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

SOMEBODY IN MY HOUSEHOLD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

CONTACT TRACING HAS IDENTIFIED MY CHILD AS A CLOSE CONTACT

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for at least 14 days as advised by the PHA Contact Tracing Service

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

YOUR CHILD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN IDENTIFIED AS A CLOSE CONTACT

WHAT TO DO?

- Attend school as normal
- If your child does not have any COVID-19 symptoms they should carry on with normal activities.

YOUR CHILD HAS TRAVELLED ABROAD AND HAS TO SELF-ISOLATE

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days in line with quarantine advice

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

*If your child has been identified as a close contact of a case of COVID-19, or has returned from travel abroad and is self-isolating, they must self-isolate for 14 days regardless of a negative COVID-19 test result.

Further information, including Frequently Asked Questions for Parents and Carers, can be found on the Department of Education's website at www.education-ni.gov.uk

17/09/20

MHST Harlow
4 Aug

We're offering a free course for parents/carers to help their children manage anxiety during the return to school in September.

The course will take place over Thursday lunchtimes on Zoom so can be accessed remotely.

If you are interested in learning straightforward and proven techniques to enable your child to cope with their anxiety and improve their wellbeing please contact us via DM or email Munaza at trailblazer@mindinwestessex.org.uk



Department
for Education

Dates

Wednesday 9th September 2020

Wednesday 16th September 2020

Wednesday 23rd September 2020

Wednesday 30th September 2020

Being late adds up to loss of learning:

5 minutes late every day adds up to 3 days lost each year ·

10 minutes adds up to 6 days lost each year ·

15 minutes adds up to 10 days lost each year

20 minutes adds up to 13 days lost each year

30 minutes adds up to 19 days lost each year Being on time means no loss of learning





NEWSLETTER



Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Cheese and Tomato Pizza with Wedges	Chicken Burger With Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Pasta Bolognese	Golden Fish Fingers and Chips
Vegetarian Dish	Cheese and Tomato Pizza with Wedges	Quorn Burger with Wedges	Quorn Roast with Roast Potatoes	Quorn Bolognese	Golden Fish Fingers and Chips
Jacket Potatoes	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo
Vegetable	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desert 1	Vanilla Ice Cream	Raspberry Ripple Ice Cream	Strawberry Ice Cream	Vanilla Ice Cream	Raspberry Ripple Ice Cream

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily

Lunch Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Cheese and Tomato Pizza with Wedges	Chicken Tikka Masala with Rice	Roast Chicken with Roast Potatoes and Gravy	Pasta Bolognese	Southern Fried Chicken Tasters with Chips
Vegetarian Dish	Cheese and Tomato Pizza with Wedges	Chick Pea Curry	Quorn Roast with Potatoes and Gravy	Quorn Bolognese	Vegetarian Nuggets with chips
Jacket Potatoe	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo
Vegetable	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desert 1	Vanilla Ice Cream	Raspberry Ripple Ice Cream	Strawberry Ice Cream	Vanilla Ice Cream	Raspberry Ripple Ice Cream

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily



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Lunch Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Meal	Cheese and Tomato Pizza with Wedges	Sausages Mash with Gravy	Roast Turkey with Roast Potatoes and Gravy	Pasta Bolognaise	Golden Fish Fingers with Chips
Vegetarian Dish	Cheese and Tomato Pizza with Wedges	Vegetarian Sausages with Mash and Gravy	Quorn Roast with Potatoes and Gravy	Quorn Bolognaise	Golden Fish Fingers with Chips
Jacket Potatoe	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo	Jacket Potato with a choice of fillings Cheese Beans Tuna Mayo
Vegetable	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desert 1	Vanilla Ice Cream	Raspberry Ripple Ice Cream	Strawberry Ice Cream	Vanilla Ice Cream	Raspberry Ripple Ice Cream

Selection of Fruit Available Daily

Fresh Water Available

Bread Available Daily



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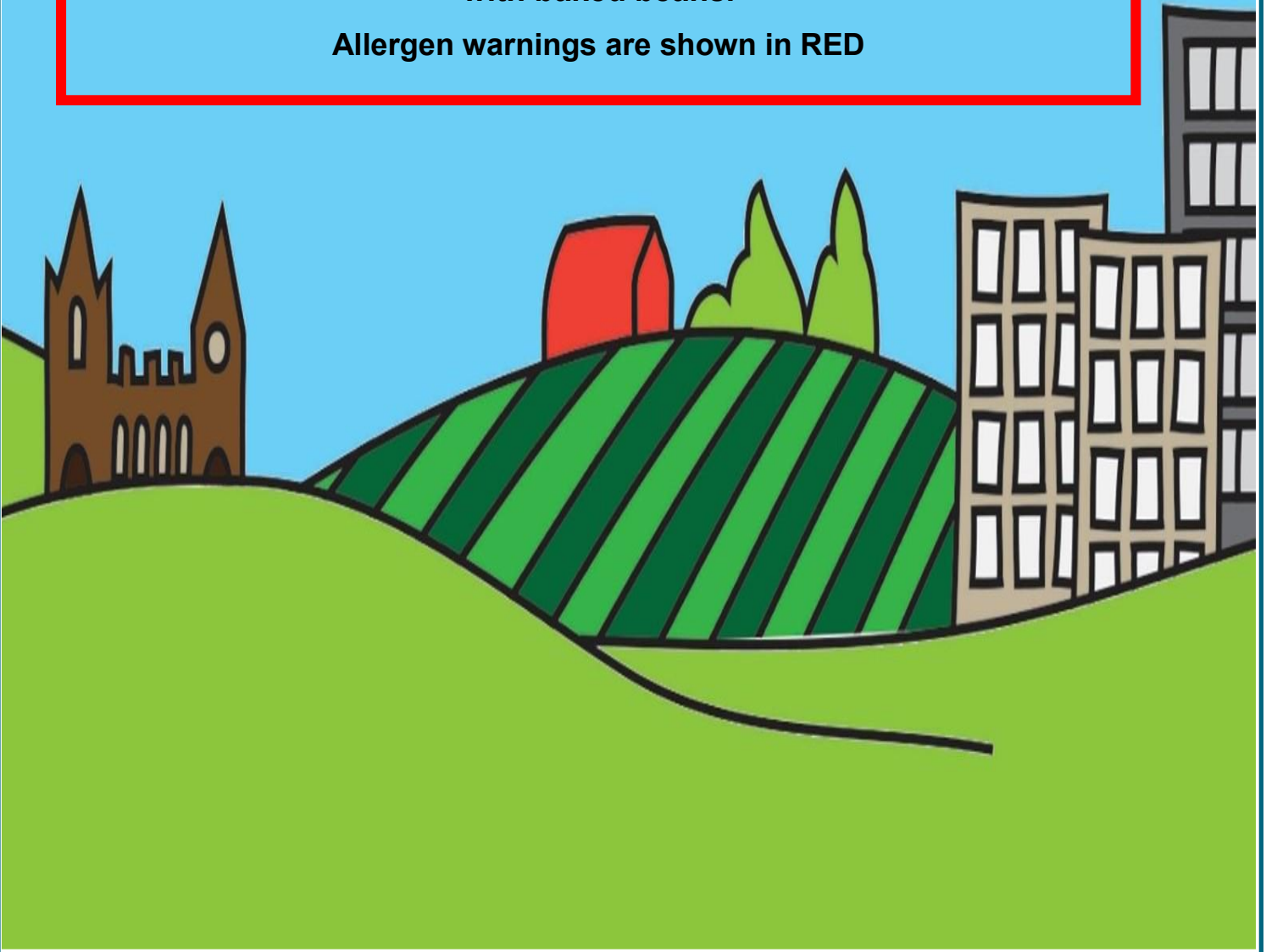


Allergy Aware Primary Lunch Menu September 2020

This menu contains: MUSTARD & CELERY

Catering for a pupil with these allergies will be served jacket potato with baked beans.

Allergen warnings are shown in RED





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Allergy Aware Primary Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Allergy Aware	Jacket Potato with Baked Beans NO BUTTER OR MARGARINE	Chicken Breast with Potato Wedges CONTAINS CELERY	Roast Chicken with Roast Potatoes NO GRAVY	Beef Bolognaise with Rice NO PASTA	Jacket Potato with Baked Beans NO BUTTER OR MARGARINE
Jacket Potatoe	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Vegetable	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desert 1	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin

This menu contains: CELERY - Pupil with these allergies will be served a alternative



NEWSLETTER

Allergy Aware Primary Lunch Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Allergy Aware	Jacket Potato with Baked Beans NO BUTTER OR MARGARINE	Chicken Tikka Masala with Rice Contains Mustard	Roast Pork with Roast Potatoes NO GRAVY	Beef Bolognaise with Rice NO PASTA	Jacket Potato with Baked Beans NO BUTTER OR MARGARINE
Jacket Potatoe	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Vegetable	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desert 1	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin

This menu contains: Mustard - Pupil with these allergies will be served a alternative



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Allergy Aware Primary Lunch Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Allergy Aware	Jacket Potato with Baked Beans NO BUTTER OR MARGARINE	Jacket Potato with Baked Beans NO BUTTER OR MARGARINE	Roast Turkey with Roast Potatoes NO GRAVY	Beef Bolognaise with Rice NO PASTA	Jacket Potato with Baked Beans NO BUTTER OR MARGARINE
Jacket Potatoe	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Vegetable	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desert 1	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin	Fresh Fruit Banana Mandarin