

	Relationships	Health and Wellbeing	Relationships	Living in the wider world	Health and Wellbeing	Living in the wider world
Kingsmoor Value	READY	RESPECTFUL	RESILIENT	RESOURCEFUL	RESPONSIBLE	REFLECTIVE
Reception	EYFS - Personal, Social and Emotional Development – Making Relationships		EYFS - Personal, Social and Emotional Development - Self-confidence and self-awareness Routines and patterns of a typical day Understand why hygiene is important Families		EYFS - Personal, Social and Emotional Development – Managing feelings and behaviour	
Year 1	Who am I? Keeping safe in school Being a good friend Identifying feelings	Our Daily Routine Keeping Clean Dental Health Growing and Changing Families and Care	Gifts and talents Understanding jealousy What is bullying? Secrets and surprises	Values of coins and notes Needs and wants Looking after my money Understanding change	Staying healthy Medicines Who gives us medicines? Going to hospital	Cooperation in a group Living together Outdoor safety Environment
Year 2	Self awareness Managing feelings Resolving arguments and working with others Habits and obstacles to change	Differences: boys & girls Differences: males & females Naming Body Parts Body image Exercise and fitness	Being cared for Loss of things you care about and bereavement Effects of bullying Choices and consequences	Keeping track of money Spend or save? Where money comes from Rights and responsibilities	Risk Hazardous substances Safety Rules Emergency services – when and how they can help us	Community People who help us Gender and work Urban and rural environments World environments
Year 3	Recognising feelings in others & understanding body language Responding to different viewpoints Resolving conflict Being assertive	Differences: male and female Personal Space & Touch Family Differences Gender roles at home and school Feeding the family	Resisting pressure from others Taking responsibility for behaviour Learning styles Planning to reach a goal	Ways to pay Lending and borrowing Earning money Jobs Other people's lives around the world	Why People Smoke Physical effects of smoking No Smoking Being physically active	Staying safe Our community in the media Organisations which help our community Rubbish and recycling

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Year 4	Emotional barriers to learning Coping with disappointment Developing resilience Celebrating each other's strengths	Growing & Changing What is puberty? Puberty changes and reproduction Changes in relationships at home Being Active	Different types of relationships When relationships go wrong Losing someone we care about Protecting against cyber bullying	Keeping records Using accounts to keep money safe What are charities? Rules & responsibilities in society	Habits and self-control Effects of Alcohol Alcohol and risk Limits to drinking alcohol Choosing the right health service	Housing needs and wants Home is... R&R at home Celebrations in different cultures Accepting differences
Year 5	Welcoming & belonging Teamwork Giving praise and positive feedback Raising concerns and helping friends in need	Talking about puberty Male and female changes Puberty and hygiene Body image and the media Positive physical and emotional health	Forgiveness and friendships Understanding embarrassment Consequences of teasing and bullying Importance of anger management	Foreign currency What influences spending? Saving money Changing schools	Legal and illegal drugs (including tobacco and alcohol) Attitudes to drugs Peer Pressure Healthy lifestyle choices: judging risk	Schools abroad Different communities Democracy, government and politics Campaigns and media influence
Year 6	Celebrating achievements Making future plans Resilience and perseverance Different viewpoints	Puberty & reproduction Understanding relationships Conception & Pregnancy Health services Healthy families and nutrition	Managing overwhelming feelings Accepting our part in a conflict Assertiveness Communication in relationships (including online safety) LGBT	Effects of economic choices Debt and risk Enterprise Responsibilities at secondary school Safer journeys	Cannabis VSA, Getting help and First Aid Help, advice and support Managing stress: my leisure time	Helping others - at home, at school and in the community Housing Local and global communities Inequalities

Diary Notes:

February 9th – Safer Internet Day
February 12th – Darwin's birthday
February 15th – Decimal Day
March 1st – St David's Day
March 6th – Mothering Sunday
March 14th – Commonwealth Day
March 17th – St Patrick's Day
March 18th – First Space Walk
March 27th – Clock's go forward
March 24th – Purim (Jewish)
March 27th – Easter

April 23rd – Passover/St George's Day/Shakespeare Day
June 2nd – Queen Elizabeth 11 coronation
June 7th - Ramadan
June 12th – Shavuot (Jewish)
June 19th – Father's Day
June 27th – Helen Keller born
July 7th – Eid-Al-Fitr (Muslim)